

Amanda Phillips, MS, RD, CSSD



Amanda Phillips is the vice president of nutrition and research for EXOS, formerly Athletes' Performance and Core Performance in Phoenix, Ariz. A registered dietitian, Phillips earned her bachelor's degree in nutritional sciences with a minor in chemistry from the University of Arizona and then went on to complete a master's degree in sports nutrition and exercise physiology from Florida State University.

At EXOS, Phillips works directly with the nutrition team and coordinates research efforts to help EXOS stay on the cutting-edge of sports science.