

Laura Barre, MD, RD



Laura Barre, MD, RD is a Clinical Assistant Professor in the Division of Nutritional Sciences at Cornell University. Laura teaches a two-semester course, Applied Anatomy and Physiology, in the Post-Baccalaureate program. She earned her B.S. in Nutritional Sciences from Cornell University and completed her dietetic internship at Emory University Hospital in Atlanta, GA. Laura worked for 4 years as a clinical registered dietitian before attending and graduating from The Geisel School of Medicine at Dartmouth in 2001.

Dr. Barré's research career started in the area of AMP-activated-kinase in skeletal muscle in the Department of Medicine at Dartmouth investigating the impact of alterations in AMPK activity on glycogen metabolism and exercise capacity. Based on her desire to conduct human subjects research, Dr. Barré then completed an NIH T32 Post-doctoral Fellowship within the Geisel School of Medicine focusing her work on sarcopenic obesity and community based interventions to improve healthy eating in those with obesity and serious mental illness. At Cornell, Dr. Barré has expanded her research in altered eating behaviors and initiated novel research in the area of social media and eating. She is the principle investigator on the study of Body Positive Cornell, a peer led program to prevent eating disorders and increase body acceptance on the Cornell campus. Dr. Barré competed on the Cornell Track and Field team and at the Masters level for the Mass Velocity USATF Track team. This year marks her 13th year coaching Track and Field at the high school level.