

## Kate Burks



Kate competed as a collegiate swimmer during her undergraduate work at LSU. Later she completed her Master of Science in Sports Nutrition from the University of Colorado in Colorado Springs. During this time she earned her Level 2 ISAK Certification and gained experience working with a variety of sports and ages. Burks worked for the United States Olympic Committee (USOC) in Colorado Springs as a Nutrition Research Assistant with her primary emphasis on the development of a food allergen identification system for athletes and visitors in the dining facility and in-house training materials and in-services for handling food allergies with the culinary and dining staff. She proceeded to work as a Sports Dietitian at IMG Academy in Bradenton, FL where she worked with multiple organizations, sports, genders, ages and elite athlete training programs. She currently works as a contracted Performance Dietitian with 3<sup>rd</sup> Group Special Forces at Fort Bragg, NC. Burks recently earned her Level 3 ISAK Certification.