

Leron Sarig, MS, RD, LD/N



Leron Sarig is a Performance Dietitian at EXOS in Gulf Breeze, Florida, on the campus of the Andrew's Institute. During her 3 years at EXOS, she has had the opportunity to work with tactical, pro/elite, collegiate, and youth athletes of a variety of sports and specialties. She has also had many opportunities to educate performance staff and athletes throughout many parts of the United States. Prior to joining EXOS, Sarig obtained her Master's Degree at Florida State University.