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FUELING VICTORY

2020-2021 CPSDA Research Award

This award will provide financial support to a CPSDA member who is conducting research in order to further our understanding in applied performance nutrition and/or performance nutrition infrastructure. The Principal Investigator or Co-PI should be a CPSDA member in order for the project to be eligible for the award.

CPSDA Research Award Proposal Guidelines

Research proposals should not exceed 10 pages. (Budget detail, the face sheet and appendix material is not included in the 10-page limit). Please address the following in your proposal:

Face Sheet: Title of proposal, principal investigator, position, institution, contact information (address, telephone, email), dates of proposed period of support, total project cost.

Aims: State broad, long-term objectives and specific aims of the research. What questions are you asking and what is the specific research proposal intended to accomplish? Describe how the research will further our understanding in applied performance nutrition and/or performance nutrition infrastructure.

Background and Significance: Briefly review the background leading to the present application, critically evaluate existing knowledge and specifically identify the scientific gaps related to performance nutrition that the project is intended to fill. State the importance, health relevance and outreach of the research described. (Not to exceed 3 pages).

Experimental Plan: Describe the procedures to be used to accomplish the specific aims of the project. Describe the study population specifying inclusion and exclusion criteria. Describe the research design with a detailed recruitment plan. Describe details of study procedures, interventions and outcome measurements. Include descriptions of how the data will be collected, analyzed and interpreted. Outline any new methodology and its advantages over existing methodologies. Include power calculations, indicating rationale for group size. Include your plan for acquiring the necessary ethical and research approval. (Not to exceed 4 pages)

Feasibility: Discuss the potential difficulties and limitations of the proposed research. Clarify how easily the project can be concluded and include a tentative sequence or timetable for the project. (Not to exceed 2 pages).

Budget Justification

Please provide a line item budget with justification for each item in the budget. Should you have existing funds for a related project(s), a detailed explanation must be provided. If applicable, please provide a plan for continuing the project after the requested Research funds expire.

Background Information

Please provide a brief description of the institution and its research along with a CV of the principal investigator.

CPSDA Research Terms and Conditions:

- Required presentation of research at a future CPSDA Annual Conference
- Required contribution to a press release and/or infographic
- Submission of six month and one year update reports to CPSDA (must include the current line item budget)
- CPSDA notification of any research funding sources (outside of institutional support) throughout the duration of the project
- If the researcher wishes to change the proposed line item budget by more than 10%, they must be Researched approval from CPSDA
- Research funds may be used to support direct and indirect costs of the study, but may not be used to support researcher's salary or subject honorarium
- Research must comply with the rules and regulations of the institution's IRB, NCAA and governing body that supports the researcher and subjects

CPSDA supports honesty, integrity and unbiased reporting in results.

Application and Award Timeline:

Applications Due June 15th – please submit to amy.freel@cpsda.org

Award Given by July 1st 2020

Presentation at Future CPSDA Conference (anticipated 2022 or to be determined within the award)

Research Completion Goal: Sept. 2021

All funds spent by Feb 2022